

Opportunities and Resources for YOUTH

Programming Partners and Potential Partners

Art/Music/Dance

Big Brothers, Big Sisters Free Arts Free Arts was previously offered by Free Arts Minnesota, a nonprofit originally founded by Junior League of Minnesota. Program. This program brings creative arts to youth who may have experienced poverty, homelessness, abuse, or mental illness. <https://www.bigstwincities.org/free-arts/>

CoMUSICation Love to sing, create and perform? We amplify young voices and cultivate skills for success through equitable access to music, collaboration, and opportunity. Contact Kevin Kalla Operations Director. All programming takes place at 868 Sherburne Ave., St. Paul. <https://www.communicationmn.org>

Hmong American Partnership HAP improves the lives of individuals and families in our diverse communities through culturally sensitive social services and strengthens neighborhoods through housing, community and economic development opportunities. <https://hmong.org/hap-impact-areas/community-impact/educational-services/>

MN Children's Museum Our museum is kid-powered play space where families have fun together and kids take the lead. Through interactive exhibits and programs, the museum provides open-ended, self-directed experiences that give kids (and adults!) the space and freedom to explore their interests, solve problems and build life skills like confidence, critical and creative thinking, communication and more. Discounted rates available for eligible families. Contact Cfritz@mcm.org

Tickets for Kids Tickets for Kids provides free access for low-income and at-risk kids to attend the arts, cultural, educational, and athletic venues of their community. Through partnerships with youth-serving organizations across the U.S., we strive to make trips to museums, concerts, ballgames, science centers, zoos, and more part of every childhood. Through access, we provide experiences that can spark an interest, ignite a passion, and shape a future without limits. Contact diane.anastos@stpha.org for more information.

East Side Arts Council To collaborate with our community and artists to celebrate and experience the arts. They have artists in residence, art after school, art mobile, senior arts and art at home and a gallery. Contact sarahfehr@eastsideartscouncil.org, Executive Director.

Sprockets improves the quality, availability, equity and effectiveness of out-of-school time learning for all youth in St. Paul through the committed, collaborative and innovative efforts of community organizations, government, schools and other partners. <https://www.sprocketssaintpaul.org>.

Twin Cities Mobile Jazz Project (TCMJ) Utilize jazz music, history, art, media, technology, and youth social work to promote critical thinking, communication and self-expression; provide after school programming, and forums for civic engagement and cultural enlightenment for all ages and nationalities. Contact Elizabeth.pacunas@stpha.org.
<https://www.twincitiesmobilejazzproject.org/>

Young Dance Since 1987, Young Dance has encouraged youth in our community to build body and spirit through the art of dance. Our mission is to transform lives through movement. We are an inclusive community where creativity flourishes and all are encouraged to aspire to artistic excellence. <https://youngdance.org>

Minneapolis Institute of Arts--All Ages
Explore the world of art from your home.
<https://new.artsmia.org/>

MN Science Museum-All Ages
Science Museum of Minnesota
<https://new.smm.org/> all ages. In person and on-line. Vouchers. STEM kits for early learners.
Nora Beckemeyer, nbeckemeyer@smm.org

Minnesota Orchestra-All Ages
While apart, music is still alive. Mark your calendars for upcoming concerts and enjoy them from the comfort of your home.
<https://minnesotaorchestra.org>

Athletics

Big Brothers, Big Sisters Adult mentors (Bigs) are matched with 8-12 year-old youth (Littles) to provide support, encouragement, and friendship. <https://www.bigstwincities.org/athlete-mentor-program/>

Sanneh Foundation Conway Community Center Conway is a thriving public space that offers diverse and free youth programming and a safe place for local youth to spend out of school time. <https://thesannehfoundation.org/programs/conway-community-center/>

St. Paul Parks and Recreation

A nationally accredited and gold medal award-winning organization that manages 179 parks and open spaces, AZA-accredited Como Park Zoo and Conservatory, 25 city-operated recreation centers, more than 100 miles of trails, an indoor and two outdoor aquatic facilities, a public beach, a variety of premium sports facilities, municipal golf courses, and Great River Passage.
<https://www.stpaul.gov/departments/parks-and-recreation/athletics/youth-athletics>

14U Boys Basketball (Arlington Hills)

https://apm.activecommunities.com/saintpaul/Activity_Search/14u-boys-basketball-arlington-hills/67865

Age: 13 but less than 15. Required fee: \$60. Gender: Mix

18U Boys Basketball (Arlington Hills)-- Ages: 15 but less than 19. Required fee: \$60

https://apm.activecommunities.com/saintpaul/Activity_Search/18u-boys-basketball-arlington-hills/67892

14U Girls Basketball (Arlington Hills)-- Ages: 13 less than 15. Fee: \$60

14U Girls Soccer (Arlington Hills)-- Ages: At least 13 but less than 15. Price: \$40.00 (Standard charge). Gender: Mixed

https://apm.activecommunities.com/saintpaul/Activity_Search/14u-girls-soccer-arlington-hills/66825

St. Paul Urban Tennis (SPUT) Focuses on the physical, social and emotional development to prepare participants to be leaders in body and mind.

<https://stpaulurbantennis.org>

Young Dance encourages youth to build body and spirit through the art of dance. We are a community where creativity flourishes and all are encouraged to aspire to artistic excellence.

<https://youngdance.org>

Education

College Bound

The City of Saint Paul provides a college savings account with \$50 for each child who lives in Saint Paul and is born on or after January 1, 2020. The purpose of the program is to connect families and their children to early childhood resources as well as financial education and tools to be financially healthy. <https://collegeboundstp.com/>

Fall News Team High school students: join us this fall for multimedia learning and fun at St. Thomas! Discover and share your voice and story, enhance your critical thinking and develop your college readiness. Three Sixty Journalism Program. <https://threesixty.stthomas.edu>

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<https://hmong.org/hap-impact-areas/community-impact/educational-services/>

Office of Higher Education (OHE)

On-site and virtual workshops on Post-secondary options: preparing for college, choosing a college, and paying for college. <https://www.ohe.state.mn.us/>

Employment and Skills Training

Avivo

Avivo's youth employment programs offer a number of job and career training services for no cost to youth and young adults ages 14-24 in Minneapolis and the Twin Cities metro area. Programs help youth and young adults to find employment and complete their education.

<https://avivomn.org/services/employment-services/youth/>

Career Force

Seventy percent of youth 16-24 are in workforce in MN. Find resources for Minnesota rules for workers under 18. <https://www.careerforcemn.com/youth-resources>

Cookie Cart

Hybrid online and in-person at 946 Payne Ave. Our hands on, 'earn as you learn' job training program, teaches essential employment skills to teens in youth-centered bakeries. St. Paul.

<https://cookiecart.org>

Express Bike Shop

Succeeding in the world of work requires understanding the "rules of the game". A 200-hour apprenticeship at Express Bike Shop is a comprehensive introduction to employment:

- Working side-by-side with experienced mechanics, all of our youth apprentices complete an intense Bicycle Repair Certification process.
- Apprentices are thoroughly schooled in the daily shop responsibilities including customer service, ordering and stocking items in the retail area, preparing bank deposits and paying the bills. These efforts put them on track for a Small Business Certification.
- As they gain experience, they are introduced to higher-level business concepts like reading financial statements, developing advertising strategies, and selecting the merchandise mix on the retail floor.
- Must be 14 or older

Check out their site at <https://www.exbike.com/jobs>

Goodwill Easter Seals

Requirements:

- Ages 16–24
- Not currently enrolled in school and interested in working towards your GED or diploma
- Participate in job training
- Interactive online training with an instructor, career navigator and peers; additional hands-on shop training in our training facility

- Classes are Monday–Friday, hours vary

<https://www.goodwilleasterseals.org/services/youthyoung-adult-services>

Call or text 612-424-1050 or contact Elizabeth.pacunas@stpha.org

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Job Corps Job Corps is a no-cost education and career technical training program. Help with GED or high school diploma. Ages 16 to 24 Questions to: Virginia Nayman-Tonn, 612-790-1024, nayman-tonn.virginia@jobcorps.org. <https://huberthumphrey.jobcorps.gov/our-program>

Learn 2 Build

The Learn2Build program is part of the Construction Careers Foundation, a metro-area non-profit in the Twin Cities area that seeks to educate, inform and train youth from the ages of 10 - 26 about careers in the construction industry. The proposed program serves middle schoolers and seeks to provide “spark” experiences to this group to hopefully nudge them on to further construction career exploration. <https://constructioncareers.org/learn2build/>

Ramsey County U Lead

Ages 14-24

U LEAD helps you explore career options, get assistance finishing high school, a GED or college, apply for college and financial aid, learn how to search for and secure a job.

Questions to: 651-266-6052

<https://www.ramseycounty.us/residents/assistance-support/youth-resources>

Right Track

Right Track YJ1 provides paid summer work experience in parks, libraries, and nonprofits.

YJ1 offers a variety of jobs for youth in recreation and community centers, pools, libraries, gardening, construction, video production and much more. Right Track YJ1 jobs may be with organizations like Saint Paul Parks & Recreation, the Science Museum of MN, YWCA, Arts-Us, Conservation Corps, Urban Roots, and more.

Age 14-21

<https://www.stpaul.gov/departments/parks-and-recreation/right-track/youth/yj1>

Right Track YJ02 offers paid internships in business, management, administration, finance, healthcare, law and more. Right Track YJ02 internships are with some Saint Paul’s largest employers. Right Track YJ2 interns also receive weekly skills training during the summer.

Right Track YJ2 internships are offered at dozens of Saint Paul businesses, can be in an office setting and involve entry-level administrative work, out in the field directly working with the community or involve more technical skills such as working in the automotive field.

Age 16-21

<https://www.stpaul.gov/departments/parks-and-recreation/right-track/youth/yj2/yj2-faqs>

Twin Cities Mobile Jazz Project—Program and Partnership

To Utilize Jazz Music, All Its Derivatives, History, Art, Media, Technology, and Youth Social Work To Promote Critical Thinking, Communication And Self Expression. To Provide After School Programing, Park Workshops And Free Concerts, As Safe And Diverse Forums For Civic Engagement And Cultural Enlightenment For All Ages And Nationalities. Contact Elizabeth.pacunas@stpha.org. <https://www.twincitiesmobilejazzproject.org/>

YouthBuild

Offers hands-on, no cost construction training while earning a GED or diploma. Students earn money while accomplishing goals and learn critical job skills to build a bright future. This program is funded by the Department of Labor.

<https://www.goodwilleasterseals.org/services/youthyoung-adult-services/youthbuild>

YWCA

YWCA St. Paul Youth Development programs empower young people to build bright futures. Programming helps young people affirm who they are, and supports them in building leadership skills, employment readiness and academic success. Open to young people ages 15 to 22. Transportation assistance available. igrigsby@ywcastpaul.org- email to get started in the program. <https://www.ywcastpaul.org/youth/>

YMCA

We help young people to grow into healthy, thriving adults by offering supportive education and leadership programs, team sports and camps. <https://ymcanorth.org>

Internships and Apprenticeships

St. Paul Public Housing Agency youth interns (in development).

Big Brothers, Big Sisters

Mentoring Programs: You can join the program or volunteer to be a mentor.

<https://www.bigstwincities.org/> <https://www.bigstwincities.org/volunteer/>

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Right Track YJ1 provides paid summer work experience in parks, libraries, and nonprofits. YJ1 offers a variety of jobs for youth in recreation and community centers, pools, libraries, gardening, construction, video production and much more.

Age 14-21

<https://www.stpaul.gov/departments/parks-and-recreation/right-track/youth/yj1>

Right Track YJ02 offers paid internships in business, management, administration, finance, healthcare, law and more. Right Track YJ2 interns receive weekly skills training during the summer, can be in an office setting and involve entry-level administrative work, out in the field directly working with the community or involve more technical skills such as working in the automotive field.

Age 16-21

<https://www.stpaul.gov/departments/parks-and-recreation/right-track/youth/yj2/yj2-faqs>

Step-up

Step Up brings together Minneapolis young people (ages 14-21) with Twin Cities employers through internships and training that build careers and lead to a diverse, skilled and equitable workforce.

We equip young people to create bright futures through work readiness training, paid in-person and online internships and other career exploration opportunities, and connections with adult mentors who can help them achieve their career goals and become our next generation of community leaders. <https://www.achievempls.org/stepup>

Leadership Training

4-H

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Contacts Jenny Cable and Bri Fisher cable063@umn.edu fish866@umn.edu

Camp Fire

With nature as our catalyst, we energize youth to discover their spark so their futures grow bright. Activities in the areas of environment, crafts, and STEM. www.campfiremn.org. Contact Alexis Murillo alexism@campfiremn.org

Girl Scouts

Girl Scouts builds girls of courage, confidence, and character, who make the world a better place. We strive to provide all girls with the opportunity to experience enriching programs that blend critical life skill development with activities that support academic success. Contact Kia Xiong kia.xiong@girlscoutsrv.org

Karen Organization of MN KOM provides academic support and parent engagement to middle and high school students. KOM also teaches leadership training, health education, and cultural activities, summer programming and youth mentorship. <https://mnkaren.org/programs/employment-services/youth-career-pathways>

St. Paul Youth Services St. Paul Youth Services (SPYS) was established 45 years ago jointly by the City of Saint Paul and the Saint Paul Police Department, in response to concerns about increased youth interaction with the juvenile justice system. <https://www.spys.org/background>

SPNN

SPNN Youth Programs provide all young people with the opportunity to create community media with a lasting impact. Through our fun and engaging programs, youth develop skills in media production, social entrepreneurship, critical thinking, and community awareness. <https://www.spnn.org/spnn-youth>

Urban Roots

Since 1997, Urban Roots has provided paid internships to youth on the East Side of St. Paul. Youth interns develop leadership, entrepreneurial and life skills through our Market Garden, Conservation and Cook Fresh Programs. Contact Saba Anduaalem sandualem@urbanrootsmn.org

Youth Leadership Initiative

A multi-cultural leadership program designed to help youth develop strong, effective leadership skills to work in diverse community settings. St. Paul. <https://www.sprocketssaintpaul.org/program-finder/youth-leadership-initiative>

YMCA

We help young people to grow into healthy, thriving adults by offering supportive education and leadership programs, team sports and camps. <https://ymcanorth.org>

YWCA

YWCA St. Paul Youth Development programs empower young people to build bright futures. Programming helps young people affirm who they are, and supports them in building leadership skills, employment readiness and academic success. Open to young people ages 15 to 22. Transportation assistance available. lgrigsby@ywcastpaul.org- email to get started in the program. <https://www.ywcastpaul.org/youth/>

On-line Activities

CoderZ Leagues (Virtual Robotics Leagues)

Interested in learning how to code? You and 5 friends (ages 9 to18) and an adult mentor can learn how to code in Blockly and learn how to program virtual robots! High Tech Kids, St. Paul. <https://hightechkids.org>

Kennedy Center for the Performing Arts-- Ages 5 and up

Opera, Music, Theater performances from the World-Renowned Kennedy Center. <https://www.kennedy-center.org/>

Mrs. Moore's Art Palette

Abundant with art activities, videos, tours around the world. You and your kids could spend the entire day here just looking through what Mrs. Moore has to offer! <https://mrsmooresartpalette.weebly.com/online-art-activities.html>

National Gallery of Art-All Ages

View virtual exhibitions: True to Nature; Degas at the Opera; Raphael and His Circle Virtual Tour. <https://nga.gov>

San Diego Zoo

Amazing website rich with videos, activities, games, stories, live webcams, and so much more about animals from around the world. <https://kids.sandiegozoo.org/>

Smithsonian American Art Museum-All Ages

Browse exhibitions online, including artwork galleries, artist and curator interviews. <https://americanart.si.edu>

Stellarium

Virtual Planetarium that gives live views of the stars and provides unique tools to help you understand astronomy from your own yard. Available on the web or app. <https://stellarium-web.org/>

PHA Programs

St. Paul Public Housing Agency offers programming at various family sites during the year. This list includes samples of past programming. Due to COVID, many of our in-person events have been put on hold but be sure to check back for current programming or new information. Also feel free to contact either Diane Anastos or Elizabeth Pacunas for information and details.

Diane Anastos Diane.anastos@stpha.org

Elizabeth Pacunas. pacunas@stpha.org

Free Movies

PHA YC offers free movies and popcorn once a week during the summer months at Roosevelt Community Center. Look for more details in May 2022!

Gardening

PHA partners with Ramsey County Extension Master Gardener Program to teach youth the basics about gardening: soil, light, food, maintenance, etc. Diane.anastos@stpha.org

Kid Create

Specializing in children's art classes at centers at PHA family sites/community centers. Kidcreate Studio is an art studio just for kids. Your child will create fridge-worthy masterpieces, learn art concepts, and experiment with many different art materials. Contact diane.anastos@stpha.org.

Summer Youth Meals-Youthprise

Increase equity with and for Minnesota's indigenous low-income and racially diverse youth. Contact Diane.anastos@stpha.org or Contact Christa DeBoer. christa@youthprise.org

Summer Reading

Every summer youth at the family developments register to participate in a summer reading group at their respective site. Books have been provided in the past. Various activities designed to encourage youth to think critically about themes, character development, context and what they would change about the book are considered. Diane.anastos@stpha.org

Youth art kits

PHA purchased art kits provided youth activities to do at home. Youth from all four family sites registered. They learned about art, stem, crafts and more.

Post-secondary Scholarships

Big Brothers, Big Sisters- <https://www.bigstwincities.org>

HAI Group <https://www.housingcenter.com/scholarships/>

Leadership Scholarship –www.theleadershipscholarship.org.

Minnesota NAHRO <https://mnnahro.org/about/scholarships/#!/form/CarolSchultz>

NCRC NAHRO <https://www.ncrcnahro.org/Scholarships>

St. Paul Public Housing Agency – George & Nancy Latimer Scholarship
https://stpha.org/images/Scholarships/phascholarshipannouncement21_final.pdf.

PHADA – Public Housing Directors Association – Scholarship Program – Stephen J. Bollinger Memorial Scholarship. https://stpha.org/images/Scholarships/2021_phadascholarshipinfo.pdf

PHADA – Public Housing Directors Association – Scholarship Program – Freedom & Civil Rights Scholarship. https://stpha.org/images/Scholarships/2021_phadascholarshipinfo.pdf

PHADA – Public Housing Directors Association – Scholarship Program – SACS Software / Scott Accounting & Computer Services Inc. Scholarship <https://www.hacanet.org/wp-content/uploads/2016/12/2017-PHADA-Scholarship-Program-Award-Packet.pdf>

St. Paul Public Housing Agency Resident Initiatives Department
Business License Renewal or Professional Certification & Exam Fees. Up to \$200.00 Contact
Elizabeth.pacunas@stpha.org

Programs through St. Paul Public Schools

If you or someone you know attends St. Paul Public Schools, please inquire at their school about the following activities and opportunities.

Art 102 St. Paul Public Schools after school program. Use creativity and learn a variety of different fine art techniques. Practice various painting, sculpting and drawing styles. Show off your creations in a gallery on the last day of class.

<https://stpaul.ce.eleyo.com/courses/category/62/classes-for-youth>

Baby Sitter's Training The Safe Sitter®

Program prepares you to be safe when you're home alone or babysitting. Become the most sought-after babysitter in your neighborhood as you gain childcare techniques. St. Paul Public Schools. <https://www.redcross.org/take-a-class/babysitting-child-care>. CPR and First Aid Training included. The costs range from \$35 on up.

Ballet Increase flexibility and coordination, while building a foundation in ballet. Practice different positions of the feet. St. Paul Public Schools.
<https://stpaul.ce.eleyo.com/courses/category/62/classes-for-youth>

Brick Builders-Rapid Racers Create and innovate. Build a Formula 1 racer, land yacht and other race cars using Lego® bricks! (St. Anthony Park Elementary—ONLY?) St. Paul Public Schools.
<https://stpaul.ce.eleyo.com/courses/category/62/classes-for-youth>

FilmNorth's after-school youth filmmaking collective. The program meets 3:30 to 5:30 on Monday, Tuesday, Wednesday and Thursday when St. Paul Public Schools are in session.
<https://filmnorth.org/juicemedia/>

Youth Yoga Relax and unwind. Utilizing yoga, mindful meditation and more, find your balance after the school day. Various locations around St. Paul-St. Paul Public Schools Community Education. <https://www.sprocketssaintpaul.org/program-finder/youth-yoga>

STEM

Camp Fire

With Nature as our catalyst, we energize youth to discover their spark so their futures grow bright. Activities in the areas of environment, crafts, and STEM. www.campfiremn.org. Contact Alexis Murillo alexism@campfiremn.org

4-H

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Contacts Jenny Cable and Bri Fisher cable063@umn.edu fish866@umn.edu

MN Children's Museum From the irresistible pretend town in *Our World* to the delightful toddler play spaces in *Sprouts*, our experiences spark joy and foster growth through the awesome power of play. <https://mcm.org/>

MN Science Museum-All Ages

Science Museum of Minnesota—Programs and partnership
<https://new.smm.org/> all ages. In person and on-line. Vouchers. STEM kits for early learners. Nora Beckemeyer, nbeckemeyer@smm.org

Tutoring and Mentoring

Big Brothers, Big Sisters

Mentoring Programs: **Community-based mentoring** Adult mentors (Bigs) are matched with 8-12 year-old youth (Littles) to provide support, encouragement, and friendship.

<https://www.bigstwincities.org/> <https://www.bigstwincities.org/volunteer/>

Free Arts Free Arts was previously offered by Free Arts Minnesota, a nonprofit originally founded by Junior League of Minnesota. Program. This program brings creative arts to youth who may have experienced poverty, homelessness, abuse, or mental illness.

<https://www.bigstwincities.org/free-arts/>

- Meet Littles (3-18 year-olds) at one of our partner sites

Innovative Programming

- **Benefit:** Thanks to the generosity of Federated Insurance, our Littles and alumni can apply for the Federated Challenge Scholarship. This scholarship is available for Littles/Alumni who have been matched for 18 months or longer who are looking to attend a 2-year or less post-secondary Minnesota institution.

- College exploration and planning
- Finding scholarship and financial aid opportunities
- Test preparation for college entrance exams
- Post-secondary workshops and campus tours

You can join the program or volunteer to be a mentor.

Workforce Readiness

Learning about possible career paths and interests can be the start of a promising future for a young person. Our BBBS team helps Littles in middle, high school, and alumni match their interests to real-world job opportunities and give them a head start in thinking about future careers.

Youth Leadership Initiative

A multi-cultural leadership program designed to help youth develop strong, effective leadership skills to work in diverse community settings. St. Paul.

<https://www.sprocketssaintpaul.org/program-finder/youth-leadership-initiative> Commit to

Weekly Mentorship or semi-regular CREATE Workshops

Bolder Options

Want to be a mentor? Need a mentor? Bolder Options was established in 1993 as a response to a community needs assessment that determined there was an urgent need for mentoring programs in the Twin Cities. <https://www.bolderoptions.org> Contact Elizabeth.pacunas@stpha.org, diane.anastos@stpha.org or lucy.bossert@bolderoptions.org

Good Neighbor Center Tutoring and Mentoring

In-person programming at 441 Rice Street, St. Paul. We are a free tutoring and mentoring program that meets year round for learners in Kindergarten through college. St. Paul.

<https://www.441rice.com>

Keystone Tutor Program Location: In-Person at West 7th Community Center ~ 265 Oneida Street.

Daily after school program for grades K-10. 21st Century Community Learning Center. Homework help, reading tutoring, STEM, arts, fitness, social skills, healthy snacks and more. Activities on 8 school release days.

Grades K-5. <https://keystoneservices.org/>

Volunteer Activities

Big Brothers, Big Sisters

Mentoring Programs: You can join the program or volunteer to be a mentor.

<https://www.bigstwincities.org/> <https://www.bigstwincities.org/volunteer/>

Regions Hospital- Must be 15 or older

Year-round program

- Length: Minimum of six months or 100 hours
- Details: Shift times and lengths vary, depending on your preferences and availability

Summer program

- Length: 10 to 12 weeks during the summer
- Details: Shift times and lengths vary, depending on your preferences and availability

Benefit: We award two \$1,000 scholarships every year. They're given to outstanding student volunteers who've logged 150 hours of service at Regions or HealthPartners and are pursuing a career in health care.

<https://www.healthpartners.com/care/hospitals/regions/donate-volunteer/volunteer/>

Frog Town Community Center

Volunteer on the farm for 14-year-old kids. <https://www.frogtownfarm.org/volunteer>

Keystone

<https://keystoneservices.org/volunteer/groups-businesses/>

<https://keystoneservices.org/volunteer/individuals/>